Instructions or Tempo Parents - Paws

* Because of the Covid situation, sessions are organized by team.  Awards will follow each session.
* Except for gymnasts warming up & competing, everyone is expected to wear a mask.

Tempo (Xcel) - Saturday Feb 5th - SESSION 2

9:30:    Be inside competition hall, hair in bun, makeup,

wearing competition leotard, tempo warm up suite over it.

9:45:    Warm up

10:45   Competition starts.

11:45:  (Approximately) awards

Developmental program (Alejandra) - Sunday Feb 6th

8:15:     Be inside competition hall, hair in bun, makeup,

wearing competition leotard, tempo warm up suite over it.

8:30:    Warm up

9:30     Competition