

Tempo Invitational 2026

(Sessions may start 15 mins before or after scheduled time)

Saturday May 9th

Session 1 - Silver: 15 Gymnasts, 39 routines

Deetya, Hannah, Scarlett, Yara, Robin, Eliza, Sofia

Gym opens 11:00am

Compete 12:00pm to 1:15pm

Awards 1:15pm to 1:45pm

Session 2 – Copper, Bronze (26 gymnasts, 52 routines)

Helena, Naavya

Gym opens 1:15pm

Compete 2:00pm to 3:30pm

Awards 3:30pm to 4:00pm

Session 3 HUGS: 5 gymnasts, 11 routines

Gym opens 3:15pm, Compete 4:00pm to 4:30pm, Awards 5:00pm to 5:15pm

Sunday May 10th

Session 4: Adult session Gym opens 11:00am, Compete 11:30am to 11:50am, Awards 11:50pm to 12:00pm

Session 5 GOLD: 17 gymnasts, 50 routines

Khloe, Elisa, Ariyana, Danna, Heather, Valentina

Gym opens: 12:15pm

Compete 1:00 pm to 2:30

Awards 2:30 to 2:45pm

Session 6: Gold, Diamond, Platinum: 13 Gymnasts, 40 routines

Caroline, Catherine, Mackenzie, Josie, Nadya, Layla, Diana, Alina, Nicki

Gym opens 2:00pm

Compete 3:00pm to 4:15pm

Awards 4:15 to 4:30pm